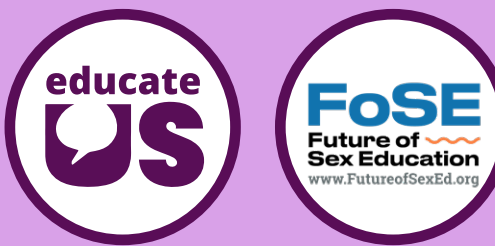


NATIONAL SEX ED STANDARDS



BY END OF 2nd Grade	BY END OF 5th Grade	BY END OF 8th Grade	BY END OF 10th Grade	BY END OF High School
How to identify adults that feel safe asking questions of How to be a good friend How to keep your body safe Understand that all families look different and that's OK Accurate names for body parts All living things reproduce, including humans How to identify situations that may be uncomfortable or dangerous How to identify trusted adults to seek help from	How to build dignity and respect for yourself and others How to share your personal boundaries & how to respect other people's boundaries Your body is yours, and other people's bodies belong to them What consent is and why it's important How our reproductive systems work, and that every body's body is different What happens during puberty and why The differences and similarities of gender, what gender identity and expression are, and dispelling gender stereotypes The basics of sexual orientation Relationship between sex and reproduction Definitions of STIs and basics of transmission The different ways people can have babies (e.g. IVF, surrogacy, naturally) Definitions of child sexual abuse, sexual harassment, domestic violence Steps you or someone you know can take if you or they are or have been sexually abused or harassed More on how to identify trustworthy adults	Which sources and adults you can trust to answer questions on puberty and sexual health Deeper understanding of healthy and unhealthy relationships, consent, and personal boundaries Consent and feeling comfortable expressing what you do and do not want to do in a sexual situation as well as how to say "no" to sexual activity Impact of technology and social media on relationships Deeper understanding of how our reproductive systems work, and the ways other people's can be the same or different from ours Deeper understanding of sexual orientation How to decide whether and when to be sexual with someone else and how alcohol and drugs can make it harder to know Ways to reduce sexual health risks, including abstinence and condom use Interpersonal and sexual violence Strategies for bystander intervention Ability to recognize strategies used by sex traffickers and sexual predators	How the people around you, the media, and racism and other biases can influence the way you think about healthy sexuality Information on your state and federal laws related to safe haven, sexting, child pornography, parenting, abortion access, and sexual violence Deeper understanding of healthy and unhealthy relationships, consent, and personal boundaries, and how alcohol and drugs can make healthy relationships harder More on how our reproductive systems work, and the ways other people's can be the same or different from ours How our bodies and emotions can change from adolescence to early adulthood Pros and cons of different kinds of birth control and how to use condoms correctly How to talk with a partner about choosing abstinence, using birth control, and STI prevention Major milestones of fetal development Types of abuse and sex trafficking, including recruitment tactics How to reduce your risk of trafficking and abuse in-person and online	How to advocate for school and community programs that promote dignity and respect for everyone How to stay safe on social media How culture, racism and other biases, and the people around you can influence your personal decisions, power dynamics in your relationships, and your ideas about sex and relationships The human sexual response cycle How family, peer and social support can improve your health and well-being How to reduce your risk of getting or spreading STIs and HIV The importance of reproductive health care

KEY:

Overarching Skills Developed

Gender Identity & Expression

Consent & Healthy Relationships

Sexual Orientation & Identity

Anatomy & Physiology

Sexual Health

Puberty & Adolescent Sexual Development

Interpersonal Violence